

First announcement



I.T.A.C.A

International Transactional Analysts for Childhood and Adolescence

XII Lavarone Seminar 30 - 31 August 2019

"ITACA'S RHAPSODY" THE JOURNEY OF A LIFE

*"Now I can resume the powerful theme of Ulysses
in my script, the theme of a journey to discover
the world with taste of adventure and wonder "
(English, 1995).*

The metaphor of the **Journey** is present in the thought of Transactional Analysis and its exponents from its origins to today. Each of us, in our private practices, in classrooms and other workplaces, has the opportunity to undertake journeys that cross the lives of people, individual, family or group odysseys within a constantly changing social context.

New landscapes open up to our gaze: sometimes we are well equipped and sometimes we find ourselves without the necessary tools to continue our journey with those we meet.

They are intra-psychic and interpersonal itineraries with children, adolescents or adults that we must know how to identify, conduct and with which we choose a direction to follow as professional figures of reference.

The conference aims to be an opportunity to recount and share, as in a rhapsody, our clinical, educational, counselling or organizational journeys in a perspective that is not only transactional.

These will be days when we will take time to rediscover the place we started from, the places we have chosen to live in and to retrace the phases of our existential and professional history.

An opportunity to share: - what kind of travellers we are, - where we are in our personal / work journey, - how we have developed and improved our skills as explorers, - which classmates we have met, - which the stages of this adventure are, - what our direction is, - what our next destination is.

This Seminar could be a cognitive / theoretical Voyage, Journey rooted in the temporal dimension, or a Travel in its emotional dimension.

It will also help us to reflect on the concept of a **Script**, as a map, a guide in the journey of life (English, 1974). It will be a little like sharing a story, an *"explanatory narrative that gives meaning to the past, provides a blueprint to solve the problems in the present, and a forecast for the future"* (Newton, 2006).

The work sessions with interventions and workshops will regard:

1. Existential journeys
2. Clinical, counselling, educational, organizational trips
3. Travel between techniques
4. Travel between theories
5. Travels in the research world
- 6.

The event will be held on Friday August 30th, from 10am to 5pm and Saturday 31st, from 9.30am to 5.30pm.

The morning of Sunday 1st, will be dedicated to supervision conducted by TSTA and PTSTA's.

The Seminar will be open to colleagues in the fields of education, organization, counselling and psychotherapy. See you soon

The Organizing Committee